

Coconut Matcha Smoothie

6 ingredients · 5 minutes · 2 servings



Directions

1. Throw all ingredients together in a blender. Blend until smooth.
2. Divide between glasses. Top with any leftover coconut cream and enjoy!

Notes

No Coconut Milk

Replace coconut milk with more almond milk.

More Protein and Fibre

Add ground flax seed.

Ingredients

2/3 cup Organic Coconut Milk (full fat, refrigerated overnight)

1 1/2 cups Unsweetened Almond Milk

2 Banana

2 cups Baby Spinach

2 tbsps Hemp Seeds

2 tsps Green Tea Powder (matcha)