



# DISTANCE MAKES US STRONGER

#StopTheSpread  
workout at home instead



# **Covid-19**

# **Class Update**

I think we can all agree that life is full of lemons right now, but over here at Royally Fit, we like to make lemonade, so we've transferred our in-person classes to virtual online classes until 2021!

It is our mission to give you the same experience our community is used to: fun music, high energy, amazing instructors, and socialization with like-minded and badass women.

Once our locations open again we will go back to them, but for now we make this transition in an effort to keep up our commitment to you, while you can keep your commitment to yourself.

Each class offered is meant to build confidence, strong bodies & healthy minds: on or offline.