

Matcha Steel Cut Oats

6 ingredients · 20 minutes · 2 servings



Directions

1. Add the steel cut oats, water and sea salt to a small pot over medium-low heat and bring to a low simmer, stirring as needed. Cook for 13 to 15 minutes. Remove from heat, and add the matcha powder and almond milk.
2. Add the oats to a bowl and top with blueberries. Serve and enjoy!

Notes

Leftovers

Refrigerate in an airtight container for up to three days.

Nut-Free

Use coconut milk instead of almond milk.

More Flavor

Add maple syrup or vanilla extract.

Ingredients

- 1/2 cup** Steel Cut Oats
- 1 1/2 cups** Water
- 1/8 tsp** Sea Salt
- 1/2 tsp** Green Tea Powder
- 1/4 cup** Unsweetened Almond Milk
- 1/2 cup** Blueberries