

Cherry Blueberry Coconut Popsicles

3 ingredients · 4 hours · 6 servings



Directions

1. If you do not have popsicle moulds, purchase 3oz cups and popsicle sticks from the dollar store. Insert each popsicle stick into the middle of a cherry to anchor it in each cup.
2. Add chopped cherries and blueberries to fill about 3/4 of the cup, around the stick. Fill remainder of cup with coconut milk.
3. Place in freezer for 4 hours or until completely frozen.
4. Once frozen, run under warm water for a few seconds to make it easier to remove from the cup or mould. Enjoy!

Notes

More Creamy

Blend all ingredients together in a food processor or blender and divide into cups.

No Coconut Milk

Use almond milk or any other dairy milk alternative.

More Sweet

Add some honey or maple syrup.

Ingredients

1/2 cup Frozen Cherries (roughly chopped)

1/2 cup Blueberries

1/2 cup Canned Coconut Milk